

Non-Professional events testimonials for Jane Shure:

“You will walk out of Jane's workshop feeling empowered and that you can accomplish anything you desire. She's one of the most genuine, moving and inspirational woman in the field. Jane puts her heart and soul into every workshop and she's a master in overcoming shame!”

Shari Botwin, LCSW
Author, clinician and presenter

"In the winter of 2008, I had the honor of hearing Jane Shure present at an event addressing the prevention of eating disorders to an audience of middle school parents. Jane provided incredible insight regarding the challenges associated with raising our children in an extremely body-conscious world. Jane's passion surrounding the topic was contagious, and her expertise was truly put to test during a full two hours of Q & A . The 'take a way' extended far beyond insight on the prevention of eating disorders...the audience left with thoughtful advice on how to successfully navigate through the teenage years. We were provided an arsenal of tools on how to promote positive body image, drive heightened self-confidence, and increase self-esteem. It was a remarkable evening."

Leigh Filippini
Principal Owner/Founder
Concord Management Group

“The Inner Critic Workshop gave me an entirely new perspective on how I think and talk about myself. I had not realized the power of the "inner critic" and, before the workshop, had no true understanding of how to effectively "quiet" the critic. Not only do I use the technique of quieting the critic in my personal life, but I have taught the technique to my own psychotherapy clients who now value the process. Jane Shure created a safe, nurturing group environment within which to learn and grow, and provided a strong foundation upon which to understand the process. Thank you, Jane. Your guidance and wisdom have proved invaluable.”

Gail
Psychotherapist